



**COWAL HEALTH & WELLBEING NETWORK**  
**25<sup>th</sup> June 2014**

**MINUTES**

**Present:** Liz Marion, Ailsa Dominick, Mabel Robertson, Arthur Oliver, Angela Wilson, Eileen Lea, Alana Mathers, Sharon Hendry, Alan MacRaild, Alex Purdie, Fiona Duncan, Susan McFadyen

**Apologies:** Laura Stephenson, Gwen Harrison, Angela Coll, Laura Porter, Sharon Erskine, Janet McKellar, Duncan MacLeod, Margaret Stevenson, Fiona McRoberts, Glenda Wilson, Anne Gabriel, Agnes Harvey, Carol Muir, Kerry Newton

**Discussion and Agreed Actions**

1	<p><b>APOLOGIES/INTODUCTIONS</b>          Apologies were noted and those present introduced themselves.</p>	<p><b>Action</b></p>
2	<p><b>REGISTRATIONS</b>           There is a new registration form which allows one form per organisation with multiple representatives</p>	<p>Susan will send this out to members.</p>
3	<p><b>MINUTES AND MATTERS ARISING</b>           Minutes of the May meeting were approved.</p> <p><b><u>Matters arising:</u></b></p> <p><b>Questions still to be raised at Cowal Locality Public Partnership Forum:</b></p> <p><b>Fractures</b>          Raise concern that anecdotal evidence tells us that all suspected fractures which present at Cowal Community Hospital are put in a temporary plaster and sent home with an appointment at Inverclyde for 9am the next day.</p> <p><b>Disabled Access</b>          Raise concern that the doors of upstairs meeting rooms at Cowal Community Hospital are very heavy and difficult to open and are not disabled friendly.</p>	<p>Susan to feedback responses to CHWN.</p>

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## INFORMATION SHARING – PARTNER UPDATES

### Alex

#### **Scottish Fire and Rescue**

Suggested having an information day with partners attending or Alex can go to partners and assist with the referral process for home fire safety visits.

“Home Sweet Home” play organised for 3<sup>rd</sup> September, two performances, Innellan Village Hall and Dunoon Senior Citizens Club. This is a short play which addresses issues of cold callers, home fire safety and trips/falls. Being organised by local Police and Fire Departments.

### Angela

#### **AVA (Argyll Voluntary Action)**

Trying to get a regular feature in the local paper – partners could maybe include events and news as part of this.

The Credit Union is up and running.

Falls Prevention classes going well.

Planning to go round organisations to find out what they do and what AVA can do for them.

### Arthur/Mabel

#### **Sandbank Senior Citizens**

The Club had a bus outing to Oban at the end of May.

Mabel is the new president of the Club.

Next meeting is early September.

Looking forward to the “Home Sweet Home” play.

### Fiona

#### **Oral Health Improvement**

All targeted schools have been varnished.

As a direct result of the ant-smoking DVD funded by Cowal and Bute HWNs have put on a 15 minute play written by 4<sup>th</sup> year drama pupils – “The Wizard of Floss”. This was attended by 190 primary school pupils (P1 and P2) and was a big success.

Looking forward to working interactively with P7 pupils.

### Ailsa

#### **Early Years**

Have run two lots of active play in Dunoon; bid for funding for another 12 sessions which would run Sept to Dec and Dec to Easter.

Lots of changes in August due to the Children and Young People’s Bill.

Nursery provision will be included for 2 year olds whose parents are seeking work.

### Sue

#### **Health Visiting/Practice Teaching**

Susan to send out details of how to arrange a home fire safety visit.

	<p>Health visiting is targeting high risk families looking at GIRFEC (Getting it Right for Every Child).  Ails /Sue working with S5 pupils around duties and responsibilities of a parent and children’s rights.  Keep Well – funding runs until May 2015.</p> <p><b><u>Alana</u></b>  <b>Walking Theatre Company</b>  The Walking Theatre Company is a social enterprise based in Glendaruel. There is an online visitor centre for Glendaruel and Colintrave.</p> <p><b><u>Liz</u></b>  <b>Argyll and Bute Council</b>  Third Sector grants massively oversubscribed for August - £7000 available, £14000 applied for.  Castle House Museum has produced a DVD with “I remember when” reminiscences. Funding for this was provided from Awards for All. The DVD is available in Castle House for a donation.  Working with Bute Advice Centre to see if the Council can give them some funding.</p> <p><b><u>Sharon</u></b>  <b>CHATS (Cowal Hospice and Therapy Services)</b>  Day Services are being provided in the old Cowal Hospice area, 2 days per week, complimentary therapies and yoga. Should be ready to develop the service further by August/September.  Working towards providing services to patients from the ward.</p> <p><b><u>Alan</u></b>  <b>Interloch Transport</b>  Took delivery of new vehicle 8<sup>th</sup> July – funding from RCOP and other funders.  Waiting to find out about 4 more vehicles.</p> <p><b><u>Susan</u></b>  <b>Cowal Community Care Forum</b>  Looking to be very much involved in the public engagement around service redesign – Health and Social Care, Reshaping Care for Older People etc.</p>	
5	<p><b>PRESENTATION OF HWN BIDS</b></p> <ul style="list-style-type: none"> <li>• Fostering Inclusive Communications and Engagement - <i>Cowal Community Care Forum</i></li> <li>• The Outdoor Programme - <i>Dunoon Grammar School</i></li> </ul>	

	<ul style="list-style-type: none"> <li>Argyll Nordic Walkers - <i>Argyll Nordic Walking Group</i></li> <li>Jump - <i>Dunoon Burgh Hall</i></li> <li>Get Out and Walk About - <i>The Walking Theatre Company</i></li> <li>Reiki Healing and Domestic Abuse Survivors - <i>Dunoon Women's Aid</i></li> <li>Passenger Assistance Please - <i>Interloch Transport</i></li> </ul>			
<b>6</b>	<b>AOB</b>  None			
<b>7</b>	<b>SCORING PANEL</b>			
	<b>PROJECT</b>	<b>SCORE</b>	<b>DECISION</b>	<b>AMOUNT ALLOCATED</b>
	Fostering Inclusive Communications and Engagement	83	ACCEPTED	<b>£2000.00</b>
	The Outdoor Programme	71	ACCEPTED	<b>£2000.00</b>
	Argyll Nordic Walkers	76	ACCEPTED	<b>£1996.16</b>
	Jump	52	REJECTED	<b>N/A</b>
	Get Out and Walk About	54	ACCEPTED	<b>£1530.00</b>
	Reiki Healing and Domestic Abuse Survivors	42	REJECTED	<b>N/A</b>
	Passenger Assistance Please	81	ACCEPTED	<b>£1706.00</b>
	<b>FUNDING REMAINING AFTER SCORING PANEL DECISIONS:   £3187.84</b>			

**Next Meeting Date Wednesday 24<sup>th</sup> September 2pm  
Conservatory, Cowal Community Hospital  
Followed by Health and Wellbeing Fund Scoring Panel**

<b>Dates for 2014/15:</b>
24 <sup>th</sup> September 2014
27 <sup>th</sup> January 2015