

Name of Meeting:	Health and Wellbeing Partnership
Date:	26 th April 2016
Venue:	J07 Mid Argyll Hospital
Chair:	Alison McGrory
Attendees:	Alison Mcgrory, Lynsey Munro, Gill Chasemore By VC: Eleanor Mackinion, Dee James, Yennie Van Oostende, Amanda Greehan, Jaqueline Barron
Apologies:	Morevain Martin, Antonia Baird & Alison MacKenzie
Notes taken by:	Lynsey Munro

Agenda Item	Note of Discussion	Note of Action (person responsible and completion date)
1.	Introductions to Gill Chasmore, the new HWN coordinator for Islay.	
2.	Previous Minutes Approved	
3.	JHIP Review The 2013-2016 JHIP is being review to show impact it has had and what will replace it. The meeting for this is 27/04/2016 at 09:30 – 10:30 via teleconference. There is a tentative working plan on review using focus groups and survey monkeys. AP Add discuss JHIP review to Agenda for next meeting	LM
3.1	Health Development Day The next healthy development day is 17 th May in the Argyll Hotel in Inveraray. The theme is technology around health, please promote within your local network.	

<p>3.3</p> <p>AP AP AP</p>	<p>Asset Mapping The Asset mapping information is now with the staff at ALICE. Elaine Booth and Alison are looking at descriptors as they need work. Elaine has new spreadsheets and slideshow on what asset mapping is and how to use it. LM to send out EB email address. - elaine.booth3@nhs.net Distribute asset mapping slideshow All to ensure they have up-to-date spreadsheets from EB</p>	<p>LM AMG HWN co's</p>
<p>4</p> <p>AP AP AP</p>	<p>Health and Wellbeing Fund Alison would like to thank everyone for the extra work put in to spend the additional funding. The funding will be £61700 again this year which will launch first week of May, and we should know about additional ICF funding in June. Send out spreadsheet with yearly awards and strategic priorities. Ask LS to send smoking cessation update to HWN co's All to think about press release for local launch</p>	<p>LM LM HWN co's</p>
<p>5</p>	<p>Network Updates – Upcoming events Carol Fleet Spent two days building connection on Mull in March. Has three events coming up in May on Mull. An event on Tiree on 24th August and will be attending Coll show on 5th of August. Eleanor MacKinnon Will be going to Colonsay in June and is hoping to also go to Lismore. Dee James Kintyre Mock run is coming up in May Bute will be holding a development day in June. Gill Chasemore Laughing yoga on Islay on 7th of May</p>	
<p>6</p>	<p>Social Proscribing – Amanda Gehan, Carr Gomm Cargomm received a £30k tender for the social proscribing contract. It will be a two year contact totally £60k. Amanda Grehan has taken post since 29th of February and is working 2 and a half days a week. They are using Mid Argyll as a pilot area to see how receptive the community is to social prescribing. They are aiming to identify the branding and strap line in the next few weeks. They are setting up meetings and building contacts with the assistance of Antonia Baird. They are meeting with the red cross centre, MS centre and dochas centre, all based in Lochgilphead. They are also looking to have a meeting with the local TSI. They had a local poll where they asked 20 people if they knew what social proscribing was, two people knew. Amanda plans to attend the Lochgilphead HWN meeting on 10th of May. Their main objective is to raise awareness of what social</p>	

<p>AP AP AP</p>	<p>proscribing is and mapping out what access options are. The projects will be rolled out over the whole of Argyll and Bute in time. Look at captivity of AG attending all HWN meetings Add AG to agenda for October 25th meeting Circulate AG's email address – socialprescribing@carrgomm.org</p>	<p>AMG & AG LM LM</p>
<p>7</p>	<p>Child Healthy Weight – Jaqueline Barron, Dietician Jaqueline Barron informed the group that they are still in the development process. X programme had a bad reputation, so has been adapted and re branded as fit-ness. It is cooking and fitness class for children of all weights. The project is currently being run in Bute, if funding were in place it would be hoped to have through CHP. Each Fit-ness programme cost £4.5k This is for 12 families for 8 sessions. The costs included staff time, cooking equipment and ingredients, and use of sports rooms. High fives is now part of the school curriculum. The waiting time after a self-referral to the dilatation can take between 3 weeks and 2 months depending on the area. Jaqueline had asked that even though there is a wait that if people could keep referring it gives her more evidence to try for more funding to support the need.</p>	
<p>8</p> <p>AP AP AP</p>	<p>Paintool kit training – Yennie Van Oostende, Senior Health Improvement Specialist The paintool kit has 12 tools that help people to take control and cope with their pain. Training so far has been done with physiotherapists and other allied health professionals. There was also a training for trainers held. There is currently a 6 month pilot running. It has been offered to all GP surgery's, and there are monitoring and evaluations systems in place. They have partnered up with Arthritics care to deliver more sessions through the CHP. More information is on the website – www.paintoolkit.org Distribute Dates to HWN co's Send out to local networks Add Yennie Move Move to July agenda</p>	<p>LM HWN co's LM</p>
	<p>Next Meetings – Aros Board Room 19th July 25th October</p>	