



cool2talk

Free, anonymous and confidential
information online service for young
people aged 12-20 in Argyll and Bute



It's Cool 2 Talk

and chatting with someone about health issues can help.

FEEDBACK

- Home
- Add Question
- Answers
- Health Info Zone
- Services
- Young Carers
- Child Protection



We are here for you in total confidence

HIDE PAGE

ASK A QUESTION (ANSWERED WITHIN 24 HOURS)

Where do you live?*

Name:

(You don't have to use your real one!)

Your Age: (Number)

Where are you accessing the internet from?

Please enter your town or postcode

(Only first 4 digits of postcode required!)

Question:

- ### LATEST QUESTIONS
- Julie**

I have thrush, will this go away on its own or do I need to get something from the chemist/doctor. It's very hard for me to get to either of these so would be ideal if it went away on its own. Thanks.

[READ MORE](#)
- Lazy**

I need to do well at school this year if I want to go into further education!! I have no motivation to work and I just can't be bothered! Even though it's something I want to achieve at the end.... Please help me get motivated

[READ MORE](#)

What's next?

- We hope to launch this new service in June 2017 – the pilot will continue until March 2020.
- We need partners to promote the service to young people and other professionals once it has launched.
- We need partners to help us keep the information about services on the cool2talk webpage up-to-date.

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NHS Highland **Argyll & Bute COUNCIL**
Argyll and Bute Health & Social Care Partnership



Free, anonymous and confidential health information for young people


cool2talk

www.cool2talk.org



A safe space to ask questions

  Confidential chat with a counsellor



10:29 09/05/2017