

**Health & Wellbeing Day**  
**Adverse Childhood Experiences**  
**10<sup>th</sup> May 2017, Inveraray Inn, Inveraray**



Adverse Childhood Experiences (ACEs) encompass things such as abuse, neglect, experience of parental mental ill health or parental drug or alcohol abuse. These experiences have a significant effect on children and young people's futures and society as a whole. This event will bring together specialists to inform attendees about the evidence around ACEs and local organisations who share information about their service and activities which support vulnerable children, adults and families to develop a shared understanding and focus for future action.

**Registration opens 9.30am – Attendees to be seated by 9.55am**

10:00-10.10	<b>Welcome</b>	Alison Mcgrory, <i>NHS Highland</i>
10:15- 10.45	All about ACEs	Dr Michael Smith, <i>NHS Greater Glasgow and Clyde</i>
10:45-10:55	Questions from the floor	
11:00-11:20	A Lived Experience	Pamela Burns and Riana <i>Helensburgh and Lomond Young Carers</i>
11:25- 11.45	Identifying symptoms of ACEs, how to protect against dangers	Jo Grace <i>NSPCC</i>
11:45-11.50	Questions from the floor	
11:55-12.25	Our Shared Understanding Reflection Time	Wendy Halliday and Elaine Paterson <i>Health Scotland</i>
<b>12:25-12:55</b>	<b>Lunch</b>	
13:00-13.25	Poverty and ACEs, how services can support adults better. Examples of cases	Gillian McInnes <i>Citizens Advice Bureau</i>
13:30-13.55	Mentally Healthy Schools and Self-Harm guidance	Roslyn Redpath, <i>Argyll and Bute Council</i> & Tracy Preece, <i>NHS Highland</i>
14:00 14.10	Getting Our Priorities Right	Craig McNally, <i>ADP – NHS Highland</i>
14:10	<b>Rapid Services Input – who, what, where, contacts</b>	
14:10- 14.20	Cool2Talk	Sam Campbell, <i>NHS Highland</i>
14:20 –14.30	Advocacy	Ailsa McCrae <i>Lomond and Argyll Advocacy Service</i>
14:30 –14.40	Home-Start Majik	Sharon Erskine <i>Home-Start Majik</i>
14:45 –15.20	Focus on Future Actions Workshop	Wendy Halliday and Elaine Paterson, <i>Health Scotland</i>
15:20	Conclusion and Goodbye	Hugo Van Woerden <i>NHS Highland</i>
<b>15:30</b>	<b>End</b>	