



Report from the Staff Self- Management Survey

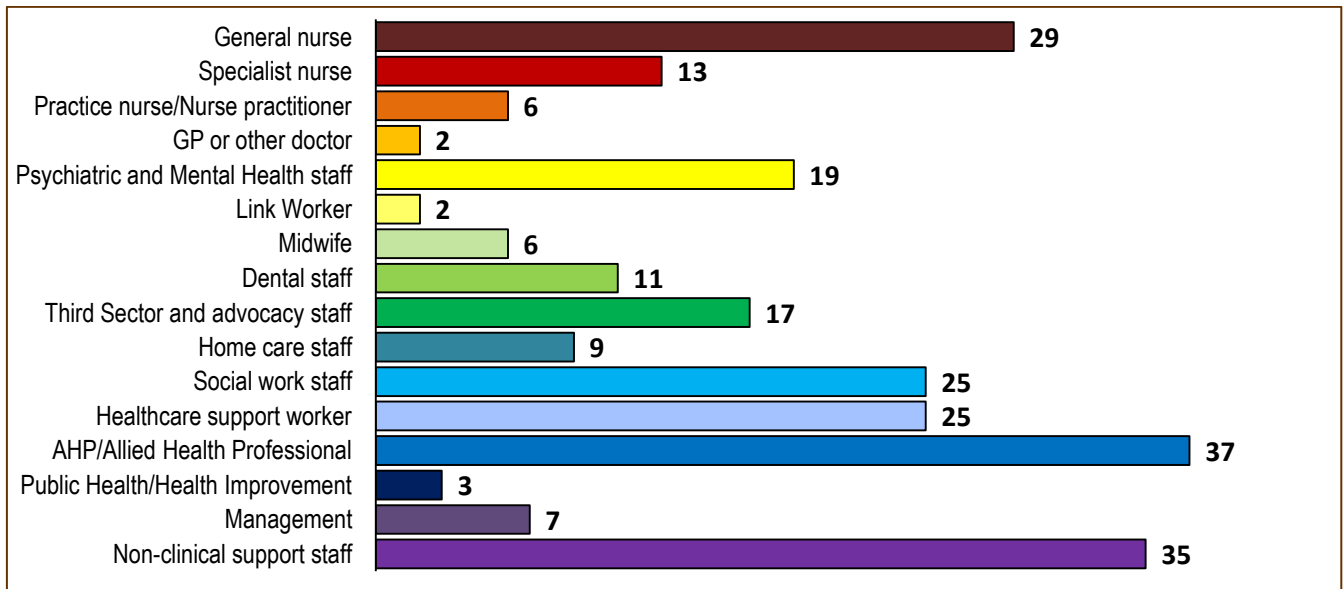
263 respondents

April 2019

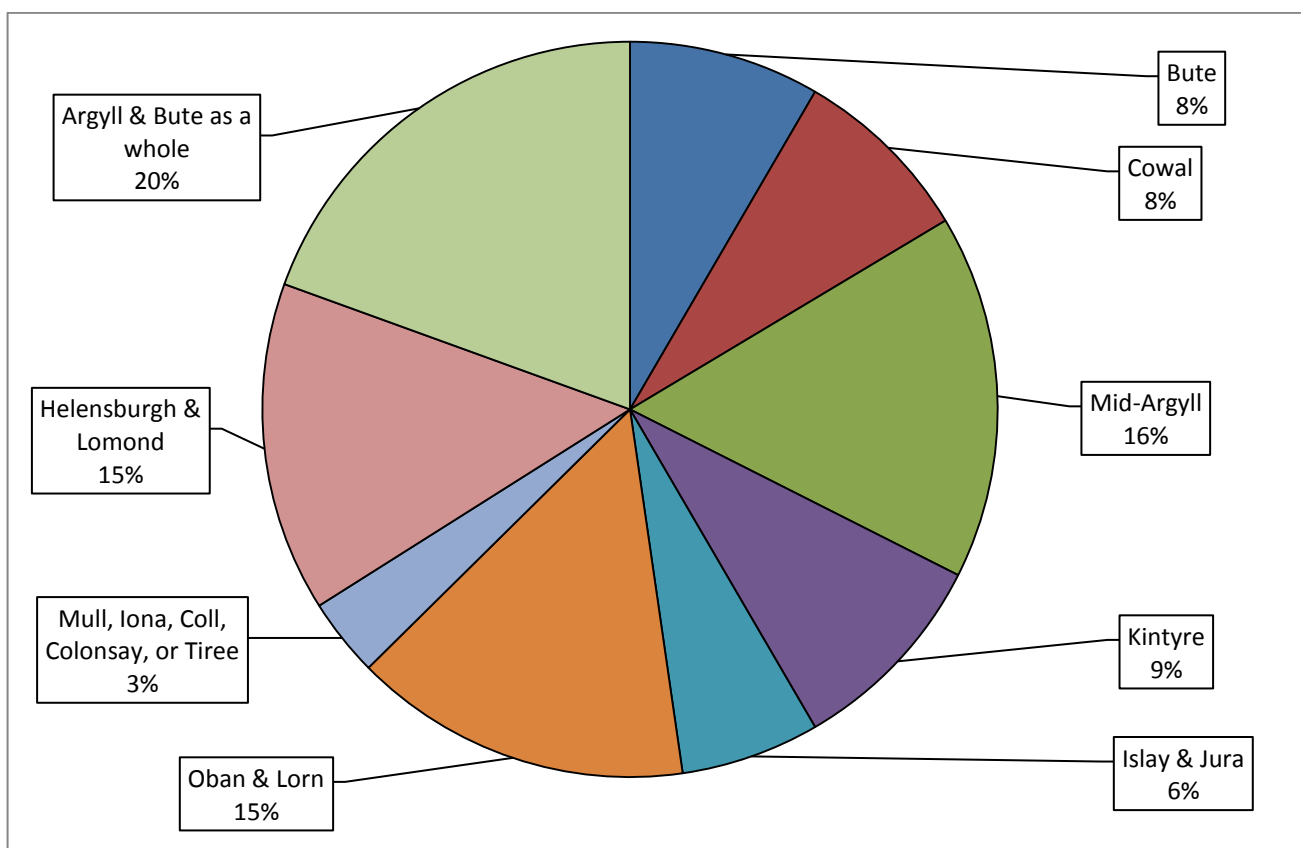
Staff Self Management Survey Report

We carried out a survey on HSCP staff in April 2019. These are the findings from that survey.

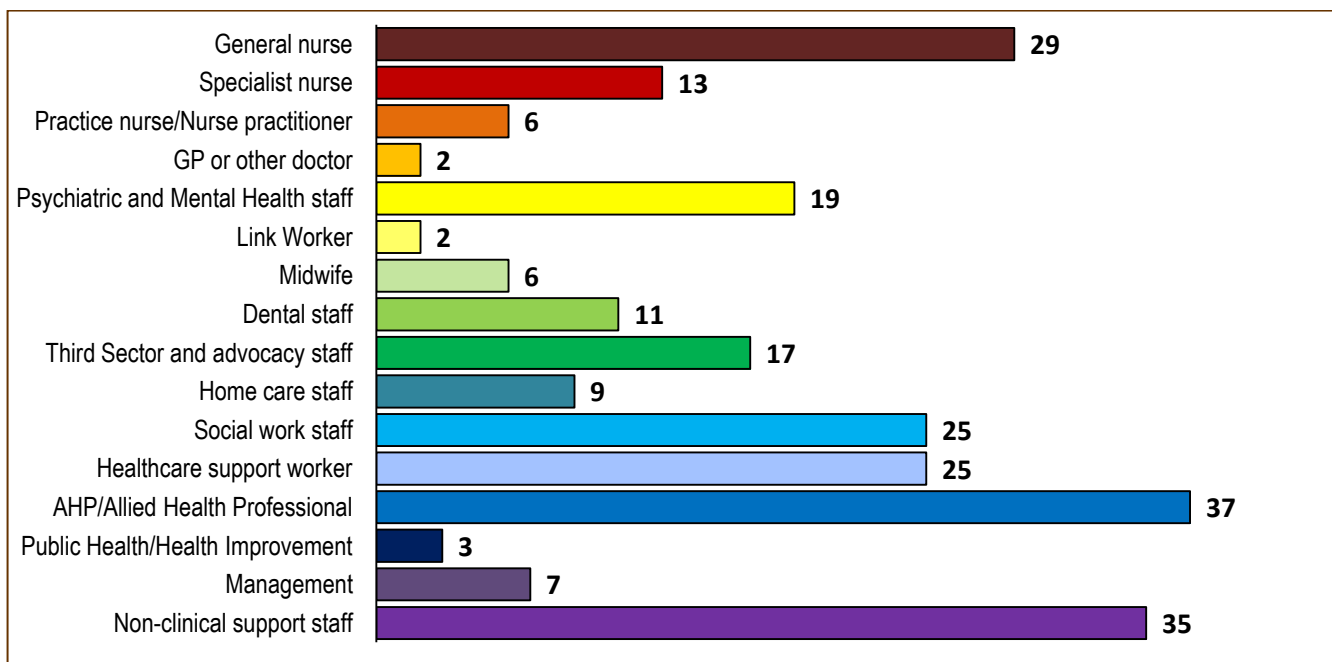
As you can see below we had a range of staff roles that completed the survey.



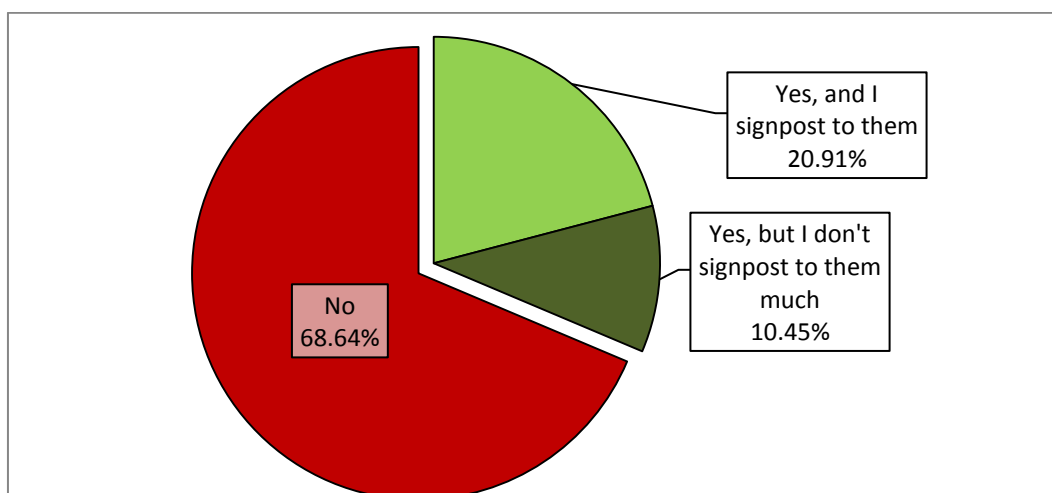
Q1 – Which of the following areas does your Service cover? (262 answered, 1 skipped)



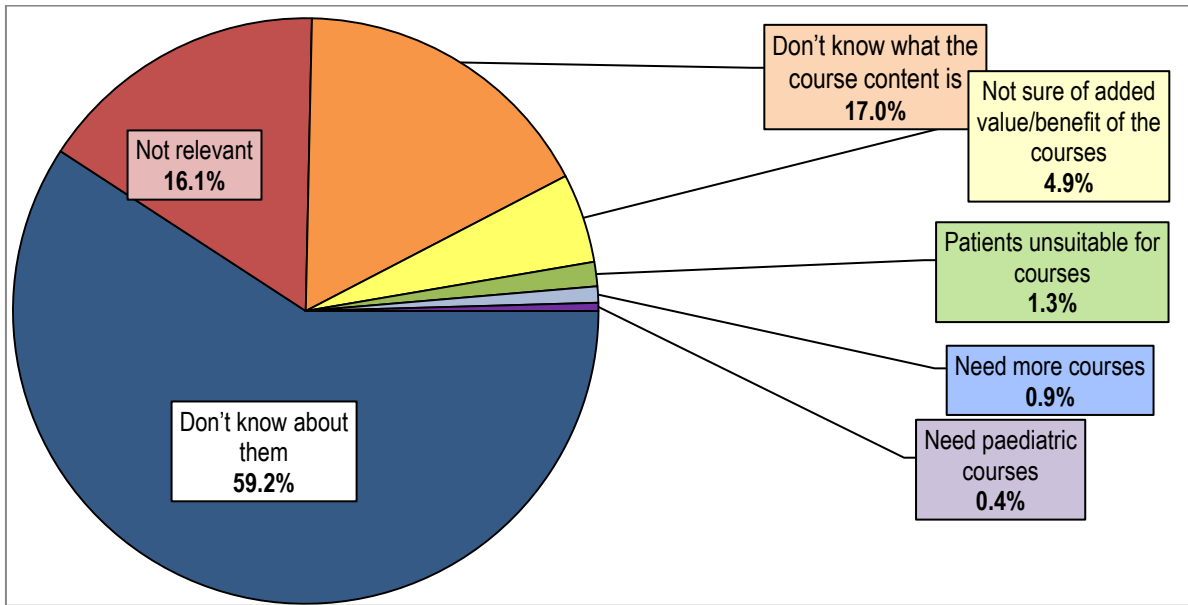
Q2 – What is your job title? (256 answered, 7 skipped)



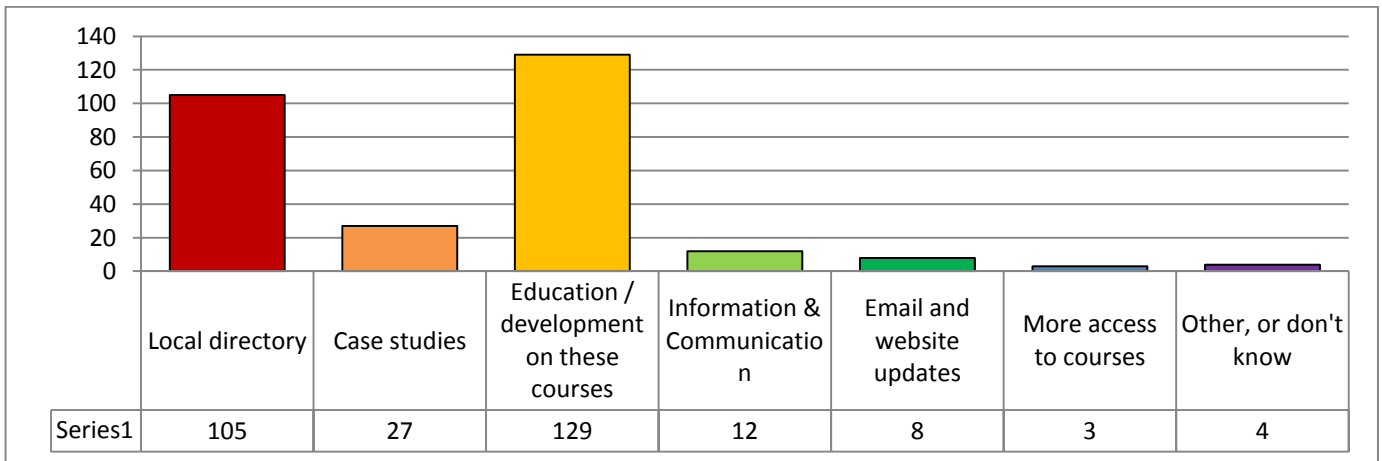
Q3 – Are you aware of peer-led/community self-management courses in your area? (220 answered, 43 skipped)



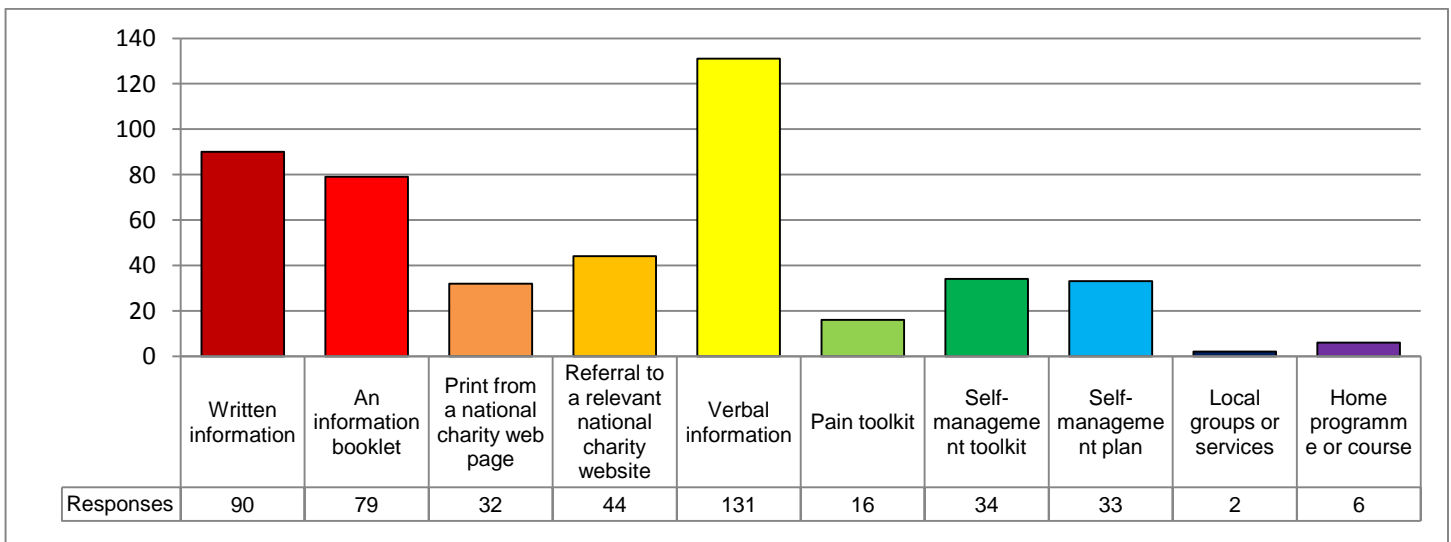
Q4 – Which of the following do you think prevents this? (199 answered, 64 skipped)



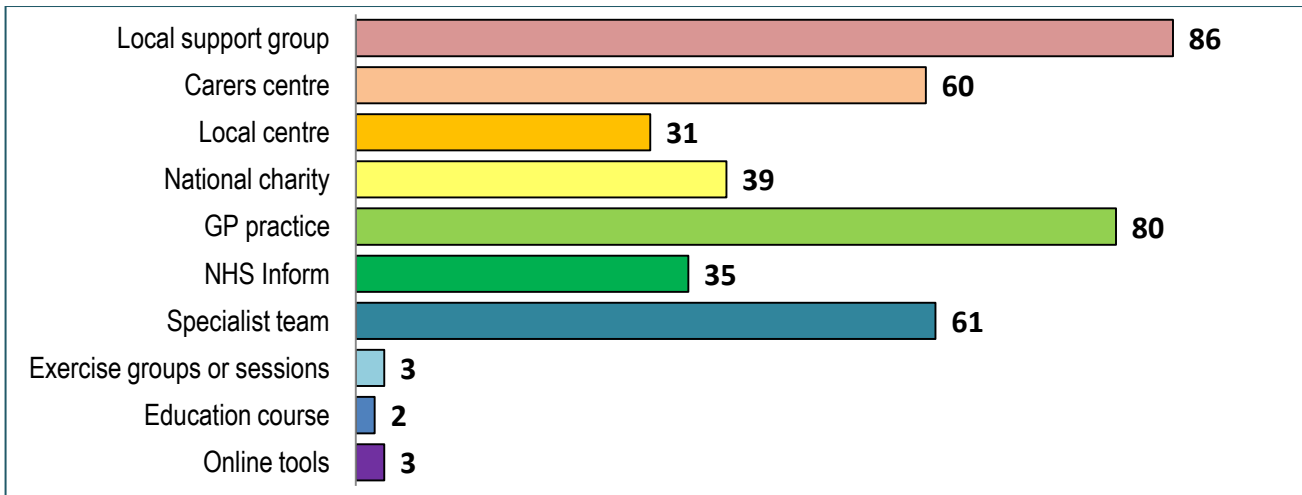
Q5 – What could help you or other professional groups refer people to these courses? (213 answered, 50 skipped)



Q6 – What information do you regularly give to people with LTCs to help them self-manage? (181 answered, 82 skipped)



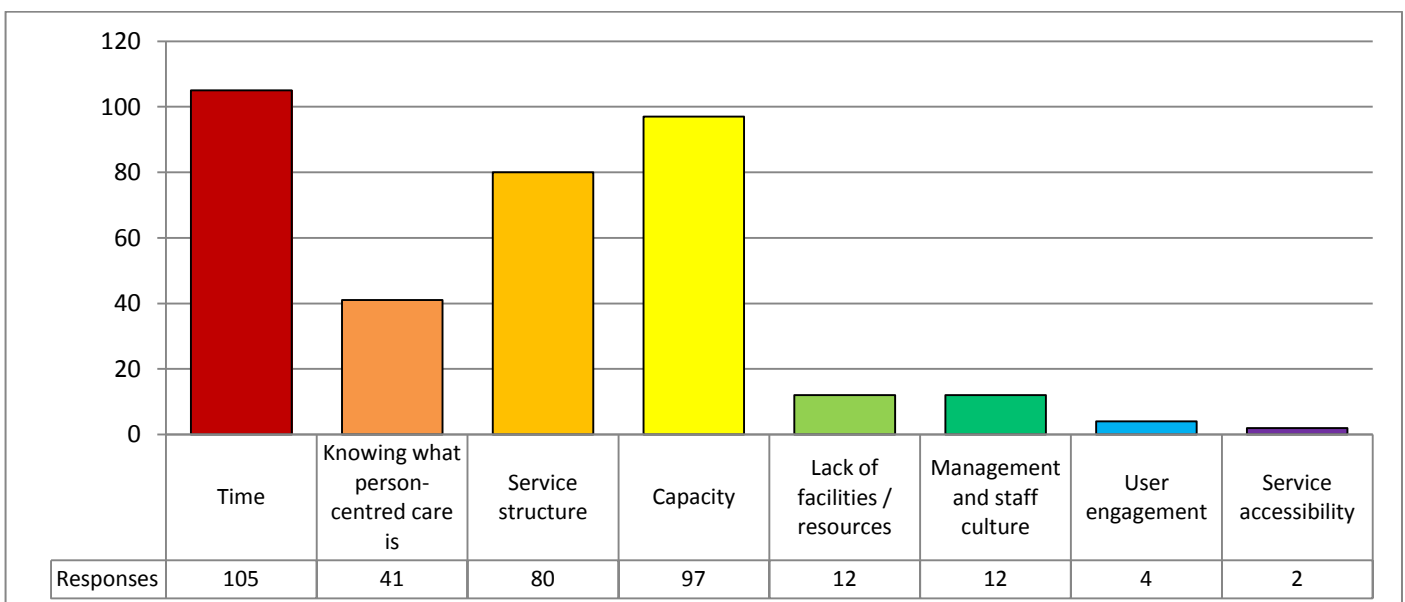
Q7 – Where do you routinely signpost people with LTCs to help them self-manage? (138 answered, 63 skipped)



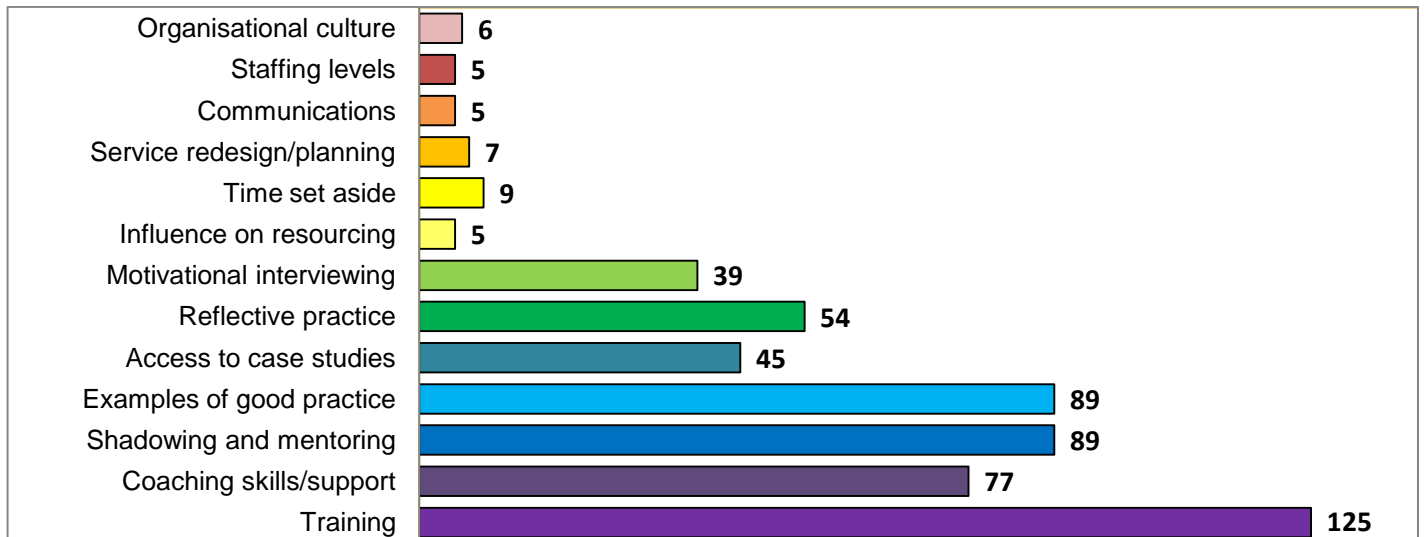
Q8 – How well do you think you deliver person-centred care? (176 responded, 87 skipped)

	Not at all well	Not very well	Quite well	Well	Extremely well
I deliver person-centred care...	4	5	31	63	42
My service delivers person-centred care...	5	12	44	66	43

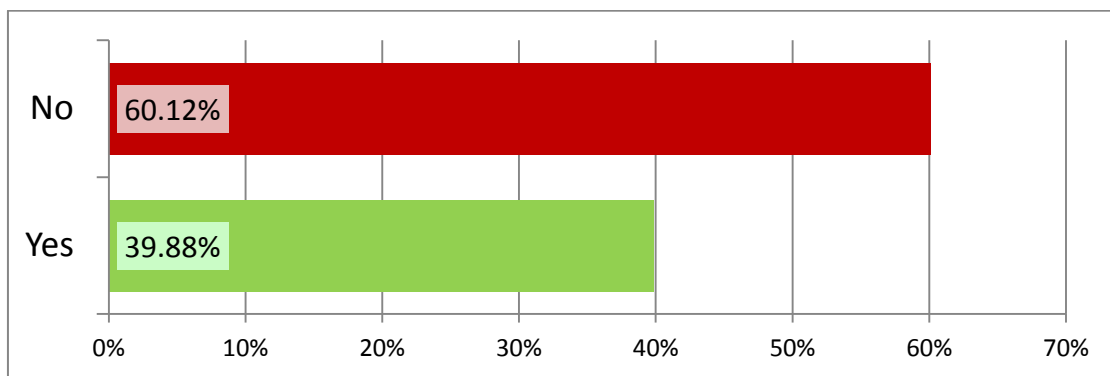
Q9 – What are the challenges to delivering person-centred care effectively? (181 answered, 82 skipped)



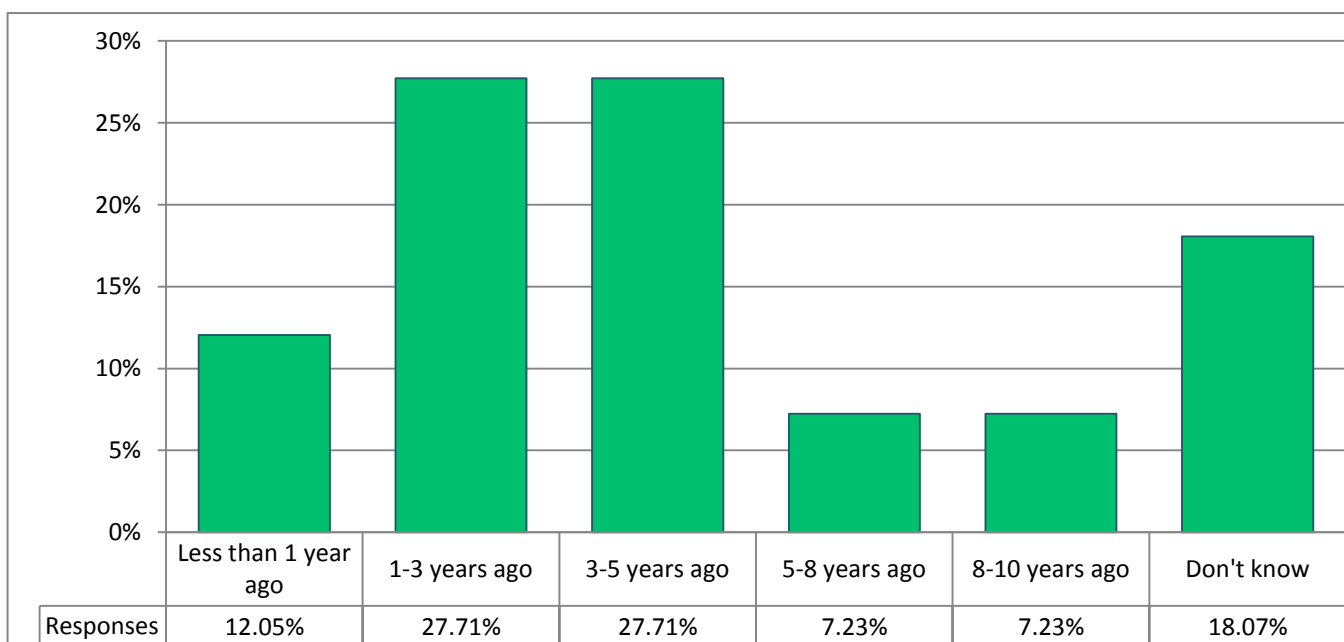
Q10 – What development do you think would help you/your staff/your colleagues to improve their delivery of person-centred care? (175 answered, 88 skipped)



Q11 – Have you undertaken training in Motivational Interviewing skills? (173 answered, 90 skipped)



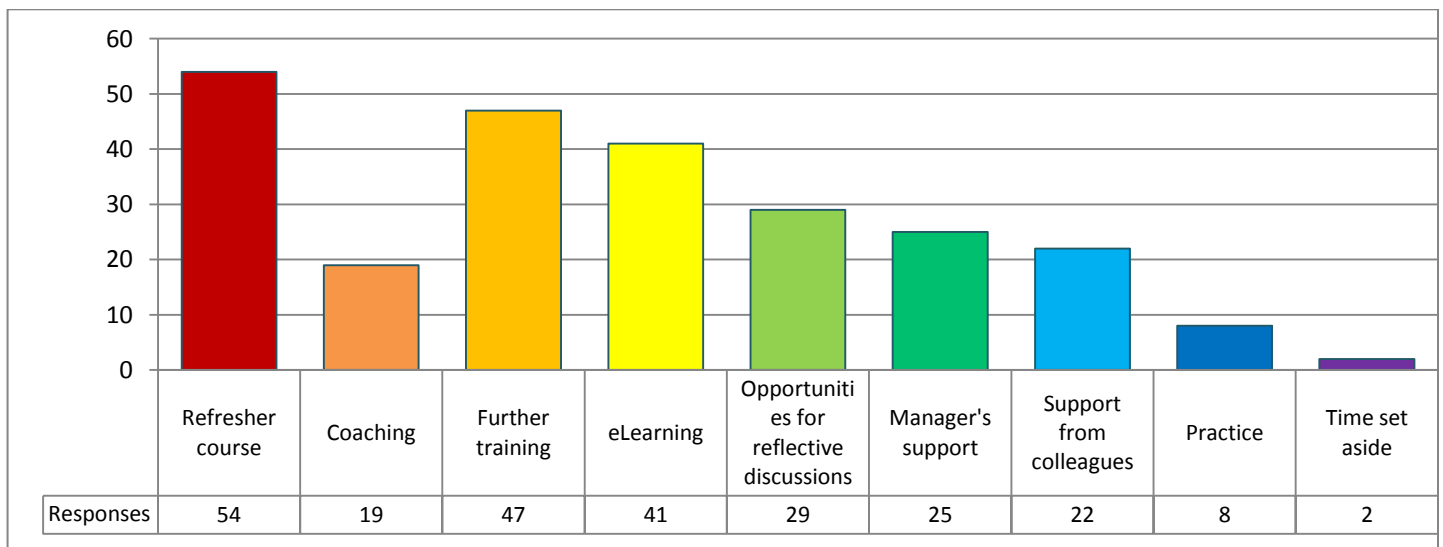
If yes, when? (83 answered, 180 skipped)



If you answered yes to Q11, how confident are you in using these skills? (77 answered, 186 skipped)

	Not at all confident	Somewhat confident	Quite confident	Confident	Extremely confident
Yourself	8	8	11	17	10
Your service as a whole	8	15	20	20	10

Q13 – What would make you more confident in using Motivational Interviewing techniques? (126 answered, 137 skipped)



Additional Comments

11 people left additional comments. The key themes were

- *standardising practice,*
- *using existing skills,*
- *updating on available resources,*
- *isolation, stigma, staffing,*
- *cross-discipline work,*
- *equity of mental and physical health.*