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Argyll & Bute Health & Social Care Partnership

**Health & Wellbeing Survey for
Area Community Planning
Groups**

**Public Health Department
Summer 2019**



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Summary and Recommendations

This survey was conducted in spring 2019 to investigate the views of members of Argyll and Bute's Area Community Planning Groups on health and wellbeing activity delivered in Outcome 5 of the Community Plan to *enable people to live active, healthier and more independent lives*. This investigation was part of a wider review of Outcome 5 to determine both the future content and leadership mechanisms. Other activity included:

- Review of the Health and Wellbeing Partnership (Appendix 1).
- Joint partnership event in May 2019 to review new priorities.

An online survey was sent out via administrators and chairs of the four area groups and was completed by 55 respondents. The key findings of the survey include:

- There was an average score of 6.4 out of 10 for the level of understanding of health and wellbeing in local communities.
- 72.2% of respondents were aware of Outcome 5 in the Community Plan to "Enable people to live active, healthier and independent lives."
- 27.6% of respondents thought that Outcome 5 was well connected with area Community Planning Groups.
- 38% of respondents thought that *Linking People with Support in their Community* was the top Joint Health Improvement Plan priority for their community.
- 69% of respondents were aware of the local Health and Wellbeing Networks.

Recommendations

The findings of this report will be collated with the other investigations into health and wellbeing conducted during 2018 - 2019, including the review of the Health and Wellbeing partnership. Emerging recommendations include:

- Share these findings with the four Area Community Planning Groups.
- Improve reporting of health and wellbeing activity to Area Community Planning Groups.
- Encourage Area Community Planning Groups to identify relevant local actions for health and wellbeing.

Background

Outcome 5 has come under the remit of the Health and Wellbeing Partnership since 2017, prior to that it was overseen by an independent working group of relevant partners. Activity of Outcome 5 was varied and included up to 10 areas that were mapped during planning in 2016 and refined each year. In late 2018 it was recognised there was a need to review activity and management of this activity as the Health and Wellbeing Partnership has experienced low attendance over a period of time. A comprehensive review was planned to include the following:

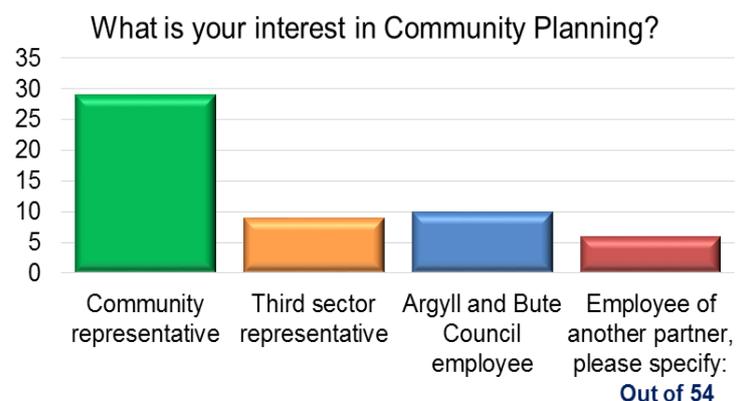
- Reviewing attendance rates and meetings of the Health and Wellbeing Partnership and a survey of membership.
- A joint planning day with eight Health and Wellbeing Networks in Oct 2018.
- A survey of Area Community Planning Groups (ACPGs) in May 2019.
- An open stakeholder meeting for Outcome 5 in May 2019.
- Discussions with other outcome leads about their leadership approaches (March 2019).
- Specific joint scoping with Outcome 6 regarding mental health activity (September 2019).
- A further review of the eight health and wellbeing networks was carried out in autumn 2019.

The Survey

The survey was sent out to ACPG members for the four localities and closed on the 1st of June 2019. A total of 55 members started the survey. Not all respondents completed every question. A copy of the survey questions is provided in Appendix 2.

Background on responding members

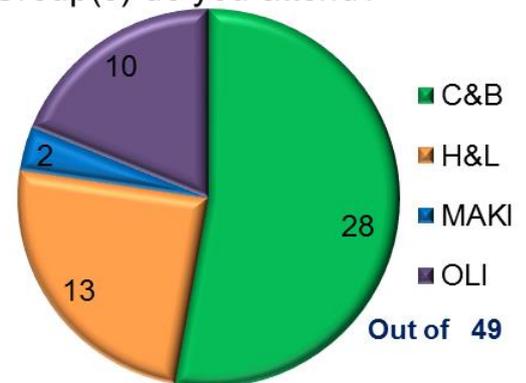
The survey investigated who attended the meetings and in what capacity they did so. The largest group of 29 respondents attended the group as community representatives (53.7%). In the remaining categories there were 10 Argyll and Bute Council employees, nine third sector representatives and six respondents stated they were employed by another partner including: Scottish Fire and Rescue, Live Argyll, Scottish Enterprise, Strathclyde Partnership for Transport, NHS and the Health and Social Care Partnership.



26 respondents reported they attended an ACPG as a volunteer, and 18 did so as part of their paid job.

There were responses from members of each of the four local areas of Argyll and Bute, with the majority of 57.1% from Cowal and Bute ACPG. Only two responses were from MAKI. A total of 49 of 55 respondents answered this question. It is known that some people attend all four ACPGs; the survey did not allow for more than one response to this question.

What area Community Planning Group(s) do you attend?

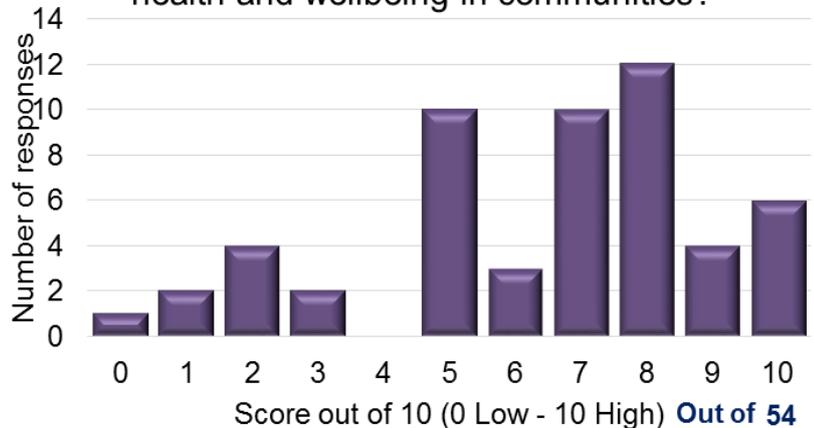


Health and Wellbeing in communities and outcome 5

54 respondents' rated their understanding of health and wellbeing in communities from 0 to 10, with 0 being the lowest level of understanding. The average score was 6.4 which shows a reasonable understanding of this topic.

Respondents were also asked if prior to opening this survey they were aware of Outcome 5 in the Community Plan to "Enable people to live active, healthier and independent lives. 39 respondents were, 12 were unaware and 3 were unsure (n. 54).

Rating of understanding in improving health and wellbeing in communities?



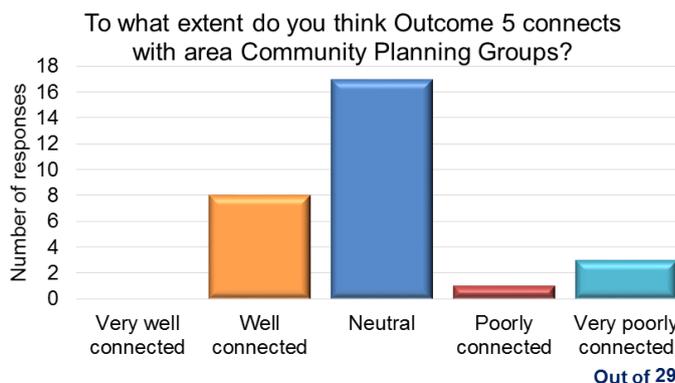
On average those that stated they were aware of Outcome 5 gave a higher score to their understanding of health and wellbeing in communities.

Of the 39 that stated that they were aware of Outcome 5, 12 respondents (31%) were able to name one or more of the actions. Of these responses, six were able to correctly cite relevant actions, for example, social prescribing, health inequalities and support for young people for alcohol and drugs.

Outcome 5 activity from 2018 is provided in Appendix 3.

Outcome 5 connecting with Area Community Planning Groups

Respondents were asked to what extent they thought that Outcome 5 connects with ACPG. Only 29 out of 55 answered this question, the majority of whom were neutral (17 out of 29).



12 gave examples of national health and wellbeing strategies that are important for making your community healthier, examples included: mental health strategy (three responses), older people (two responses), alcohol strategy (one response) and equality strategy (one response).

Joint Health Improvement Plan for Argyll and Bute 2017 - 2022

The Joint Health Improvement Plan (JHIP) covering the period 2017 – 2022 provides strategic direction for health and wellbeing in Argyll and Bute. It has four priorities: *Giving Children the Best Start in Life*; *Working to ensure Fairness*; *Linking People with Support in their Community* and *Focussing on Wellness not Illness*. Respondents were asked to rate each of these in order of importance for their community. As one person did not rate each of the 4 priorities their response was not included to this question.

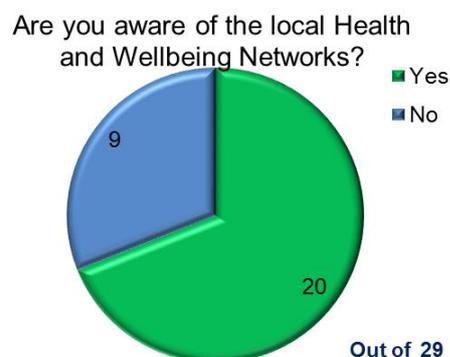
Priorities scored as follows by the 29 respondents were:

- 38% for Linking People with Support in their Community
- 34% for Giving Children the Best Start in Life
- 21% for Focussing on Wellness not Illness
- 7% for Working to ensure Fairness

Health and Wellbeing Networks

69% respondents were aware of the local Health and Wellbeing Networks. There are eight throughout Argyll and Bute.

55% of those who were aware of the local Health and Wellbeing Networks were also aware also Outcome 5 in the Community Plan. 21% were neither aware of the local Health and Wellbeing Networks or Outcome 5 in the Community Plan.



Appendix 1 - Health and Wellbeing Review Summary and Recommendations

This survey was to investigate attendance rates, role and function of the Health and Wellbeing Partnership (HWP). It was issued to 37 members in January 2019. The key findings include:

- The survey was completed by 23 respondents (62%).
- Four meetings took place in 2018 and the average attendance at each meeting was 9.5 people.
- 15 respondents also attended at least one local Health and Wellbeing Network (HWN) meeting.
- Six respondents did not attend the HWP or the HWN.
- The majority of respondents (16 of 23) covered all of Argyll and Bute as opposed to a specific area.
- The vast majority of respondent (21 of 23), considered there to be a need for strategic level meetings for health and wellbeing in Argyll and Bute. When asked to categorise this role, the majority (18) identified leadership for health and wellbeing as the key function of a strategic group.
- 14 respondents are also involved with the Community Planning Partnership, of these 7 are involved in Outcome 5 to improve health and wellbeing in the people of Argyll and Bute.
- Respondents were asked to rate the importance of the HWP on a scale of 1 to 10. An average response of 7.9 was given.

Next Steps

An evaluation of the HWP was prompted by low attendance rates at meetings during 2018. This report provides the findings of a survey to investigate the value existing partners place on HWP. A high number of responders identified the need for strategic leadership for health and wellbeing in Argyll and Bute, yet a small proportion of members attend each meeting. This survey is one element of a wider review of the strategic direction for health and wellbeing. Further actions include:

- This report will be shared with HWP members and various stakeholders such as area wide and local community planning structures.
- Investigate the views of the Community Planning Partnership Management Committee members on strategic leadership for health and wellbeing.
- Investigate how Area Community Planning Groups can inform health and wellbeing priorities and contribute to their delivery. A survey is being presented at the May 2019 round of area meetings.

Appendix 2 – Online Survey Questions



SurveyMonkey ACPG
 Outcome 5 May 2019

Appendix 3 – Outcome 5 Activity

Outcome 5 Activity - 2018
Develop CPP agreement in response to falls with a focus on developing a local partnership response across Argyll and Bute with no gaps in provision
Development of a Communication Strategy on Falls Prevention to include a focus on the promotion and distribution of Falls Prevention material to communities and to develop innovative ways to engage with members of the community who could respond
Develop safe alcohol-free environments for young people within towns and communities
Ensure young people have access to information, support and guidance on alcohol to enable them to make informed choices
Promote awareness of opportunities and activities to increase use of the outdoor environment
Keep informed on the findings of the Childhood Obesity Working Group
Identify where we have examples of good practice in reducing the barriers caused by income as an inequality and establish a baseline
Potential action around Poverty Strategy and mitigation including progress on Money Skills Argyll project
Review all partners' equality outcome frameworks and map where there are consistencies to pull together a collective action plan